

## Do you know what you want to do?

Discovering your career is a process. We all go through it. It can be fun and interesting. You'll learn a great deal about yourself. You may work at several jobs before you find one that suits you best. We can give you information below and more to help you find the career that suits you!

#### Find out:

- What occupations and industries are growing and which are declining.
- What the average pay is for different occupations and what you can expect for benefits.
- What different jobs require for licenses or certifications.
- What employers are in the town or city where you live.
- What a day of work is like in different jobs and careers, as well as what you need for skills, training, and education for the jobs/careers you are interested in.

### Most of the information found in this brochure and our publications are viewable and printable from our Web Site; a virtual Resource Center!

The NH WORKS System is a partnership between a number of government agencies and community organizations to provide services, resources, and information to employers and job seekers. The NH WORKS Center delivers these services and information and is located within NH Employment Security Offices across the State. NH Employment Security's Resource Centers are an integral part of the NH WORKS System. Information about the NH WORKS System is at www.nhworks.org

**NHES Offices** 

Berlin

151 Pleasant St., P.O. Box 159 03570-0159

Tel: 603 752-5500

Claremont

404 Washington St., PO Box 180, 03743-0180

Tel: 603 543-3111 **Concord** 

10 West St., P.O. Box 1140, 03302-1140

Tel: 603 228-4100

Conway

518 White Mountain Highway, 03818-4205

Tel: 603 447-5924

Keene

109 Key Road., 03431-3926

Tel: 603 352-1904

Laconia

426 Union Ave., 03246-2894

Tel: 603 524-3960

Lebanon

85 Mechanic St., 03766-1506

Tel: 603 448-6340

Littleton

646 Union St., Suite 100, 03561-5314

Tel: 603 444-2971

Manchester

300 Hanover St., 03104-4957

Tel: 603 627-7841

Nashua

6 Townsend West, 03063-1217

Tel: 603 882-5177

Portsmouth

2000 Lafayette Road, 03801-5673

Tel: 603 436-3702

Salem

29 South Broadway, 03079-3026

Tel: 603 893-9185

Somersworth

243 Rte. 108, 03878-1512

Tel: 603 742-3600



NH Employment Security is an Equal Opportunity Employer and complies with the Americans with

Disabilities Act. Auxiliary aids and services are available upon request of individuals with disabilities.

TDD ACCESS RELAY NH1-800-735-2964.

NH Employment Security

is a proud member of America's Workforce Network & NH WORKS.



We can help with your options for the future!





www.nhes.state.nh.us

The Youth Employment Service (YES!) program is the Department of Employment Security's program designed just for you! It's all about you & your choices for your future!

There are over 10,000 different occupations you can explore! Which one will you choose to work in?

If you don't know what you want to do when you graduate, you aren't alone. We can help you look into your options. We have the tools, programs, and services to explore your future with you.



Starting your exploration in your freshman and sophomore year will help you determine your interests and aptitudes and how they match up with careers. Exploring different career options can be fun and interesting.

It's all about you!
Visit the office nearest you or
visit us online at:

www.nhes.state.nh.us

Whether you will enter the workforce immediately after graduation or attend postsecondary education, visit us! We can help!

# There are over 10,000 different occupational titles. Which one will you choose?

Use O\*NET and NHCRN for career exploration online or visit the office nearest you!

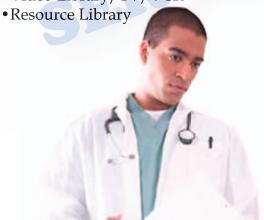
O\*NET - Career information, transferable skills assistance, information on colleges and technical schools and financial aid.

NH Career Resource Network (NHCRN) provides and disseminates career development resources and information about education, jobs, occupations and careers.

### **NHES Resource Centers**

Do you want to find a job immediately after graduation? We can help. We know the employers in the area where you live. We can help you with your resume, cover letter, and the employment application. Below are some of the resources found in our Centers.

- Help Wanted Ads
- Job Matching System
- Internet Access
- Attend a Job Search Workshop
- Develop Resume/Cover Letters
- Video Library/TV/VCR



Economists and leading professionals of workforce development now indicate that job seekers should anticipate and plan for a career change and/or new job every five years. Transferable skills are key in the labor market of the 21st Century.



### One-on-One Assistance

Meet with a Counselor and receive one-onone assistance. The Counselor may assist with career and vocational choice and direction and/or call employer(s) on your behalf to develop a job interview for you.

A Counselor may provide you with information on:

- Colleges
- Vocational schools
- Certificate courses
- Employers who will train
- •Employers who will allow you to Job Shadow
- •If you have a disability: Many assistive devices are set up in our Resource Centers. Just ask!